



Portpatrick Community Development Trust

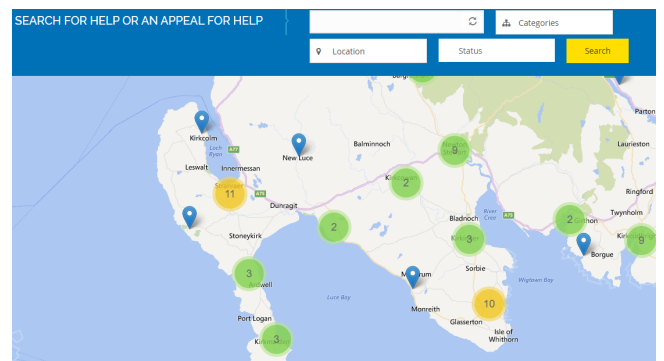
PCDT - Working for the Community

Covid-19 Update

With the media full of stories about the current crisis many positive good news stories are starting to emerge., but many are understandably anxious and worried. Everything seems so different and uncertain. Over the last two weeks we have had a flood of information, and here in Dumfries and Galloway like many places across the UK, the communities have pulled together.

The hashtag #SupportDG is the banner for co-ordinating community action. On 23rd March Third Sector Dumfries and Galloway (TGDG) and D&G Council put out a call for volunteers. Individuals and community groups have responded. As of 3rd April, 1100 volunteers have registered. We are pleased that a number of our members have volunteered and as a voluntary group we have submitted our plan.

You can see the number and locations of the regions support groups on an interactive map at <http://dgresilience.org.uk/>.



We post updates as soon as possible on our facebook page (<https://www.facebook.com/pcdt.scot>). We have also updated our website to help with signposting regional and national information in an easily accessible form. <http://pcdt.scot>.



Be Kind



Connect



Take Notice



Support



Give

#SupportDG Team

030 33 33 3000

www.dumgal.gov.uk/SupportDG

Our Contact Details:

Website: www.pcdt.scot

facebook : [@pcdt.scot](https://www.facebook.com/pcdt.scot)

email: info@pcdt.scot tel: 01776 810822

Scottish Government advice:

Protect yourself and others:

- stay at home
- only go outside for essential food, health and work reasons
- stay 2 metres (6 feet) away from other people
- wash your hands regularly
- wash your hands as soon as you get home

Useful Sites:

<https://www.gov.scot/coronavirus-covid-19/>

This page gives you the latest number in Scotland updated at 2pm each day, plus links to the Scottish Government Covid -19 publications.

<https://www.nhsinform.scot/coronavirus> This is the main site for health advice

<https://www.readyscotland.org/coronavirus> This provides

- [Helping your neighbours, friends and family](#)
- [How to volunteer](#)
- [Where to find additional support](#)
- [Advice for community groups](#)
- [Shopping responsibly](#)
- [Advice for businesses](#)

How to help safely:

- [Coronavirus: How to help safely](#)
- [Coronavirus \(COVID-19\): Information for individuals and businesses in Scotland](#)
- [Coronavirus \(COVID-19\): clinical guidance for the management of clients accessing care at home, housing support and sheltered housing](#)

Help for business:

UK Government has issued a number of documents:

- [Coronavirus \(COVID-19\): guidance for UK businesses](#)
- [Coronavirus Bill: what it will do](#)
- [Fraud control in emergency management: COVID-19 UK Government guide](#)
- [Regulatory status of equipment being used to help prevent coronavirus \(COVID-19\)](#)
- [Check which expenses are taxable if your employee works from home due to coronavirus \(COVID-19\)](#)
- [Deferral of VAT payments due to coronavirus \(COVID-](#)

19)

- [Claim a grant through the coronavirus \(COVID-19\) Self-employment Income Support Scheme](#)
- [COVID-19: guidance for employees, employers and businesses](#)
- [Government advice on home moving during the coronavirus \(COVID-19\) outbreak](#)
- [Coronavirus \(COVID-19\): UK transport and travel advice](#)
- [Government support available for landlords and renters reflecting the current coronavirus \(COVID-19\) outbreak](#)
- [Check if you could be covered by the Coronavirus Job Retention Scheme](#)
- [Closing certain businesses and venues](#)

All the above sites can be accessed through our web site <http://pcdt.scot/covid-19-useful-links/>

There is a lot of misinformation circulating. The following sites provide some useful links to factual sites

- <https://www.who.int/emergencies/diseases/novel-coronavirus-2019> The World Health Organisation.
- [Number of coronavirus \(COVID-19\) cases and risk in the UK](#) The UK official stats.
- <https://www.worldometers.info/coronavirus/> This is a world stats It contains much good news about the number of people recovering in different countries.
- https://en.wikipedia.org/wiki/Misinformation_related_to_the_2019%E2%80%9C9320_coronavirus_pandemic This is wikipedia's attempt at debunking the conspiracy theories that have been circulating in social media.
- <https://www.positive.news/society/media/separating-fact-from-deadly-fiction-the-london-team-factchecking-the-coronavirus/> This is positive' news spin on the pandemic with links to good news stories.

Useful contacts:

- NHS 24 - 111
- Emergency - 999
- Dumfries and Galloway Council - 030 33 33 3000
- Samaritans - 116 123

If you need help accessing any of these resources please contact us.

Website: www.pcdt.scot facebook : [@pcdt.scot](#)

email: info@pcdt.scot

tel: 01776 810 822

PCDT Portpatrick Community Development Trust

A company limited by guarantee, registered in Scotland (no. SC611849) Registered Office : C/O Morton Fraser LLP
5th Floor, Quartermile Two, 2 Lister Square, Edinburgh, EH3 9GL



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