



Portpatrick Community Development Trust

PCDT—Working for the Community

Community Resilience Support.

Covid-19 has turned daily life upside down but we have also seen a huge surge in community spirit. The response of the third sector has been amazing as groups and individuals across the county have come forward, volunteering to help vulnerable neighbours in whatever way they can.

PCDT joined together with the other Development Trusts in the area in a joint bid led by Stranraer Development Trust and we have received a small grant from the “Supporting Communities Fund” from Scottish Government, administered through DTAS. The Development Trust Association of Scotland.

This grant is to help us to continue to provide support for vital services to the vulnerable members of our community, including provision of PPE to volunteers, provision of food parcels, shopping assistance, delivery of essential medication and sign-posting to other third sector voluntary organisations.

There are two **vulnerable groups** who are eligible for this support:

- Those who have been classed as clinically extremely vulnerable, and have been advised to shield themselves, avoid all face to face contact and have been advised not to leave the house.
- Those who are in financially vulnerable households and facing financial hardship.



Our Contact Details:

Website: www.pcdt.scot facebook : @pcdt.scot
email: info@pcdt.scot tel: 01776 810822

If you are in one of these vulnerable groups we can supply hot or frozen meals to your door, based on the supplied menu. To maximise the benefit that we can deliver with the resources supplied, we are asking those who can afford it to pay a contribution or make a donation.

If you are in the second group referred as **financially vulnerable** you will receive the meal **free of charge**,

We continue to support those shielding and advised to remain at home for the 12 week isolation period to do shopping in Morrisons, Tesco's and Lidl pick up prescriptions. In addition, we can pick-up and deliver from the local Portpatrick shops.

If you wish to call down an order then one of our volunteers members will pick up and deliver to your door.

All deliveries to vulnerable people are met following the Scottish Government protocols for volunteers supporting vulnerable households.

Call Heather on 810822 if you are in need of help and assistance.

Support our Village Stores

Gillespie tel: 810235

The Post Office tel: 810212

#SupportDG Team

030 33 33 3000

www.dumgal.gov.uk/SupportDG

Scottish Government advice:

Protect yourself and others:

- stay at home
- only go outside for essential food, health and work reasons
- stay 2 metres (6 feet) away from other people
- wash your hands regularly
- wash your hands as soon as you get home

Useful Sites:

<https://www.gov.scot/coronavirus-covid-19/>

This page gives you the latest number in Scotland updated at 2pm each day, plus links to the Scottish Government Covid -19 publications.

<https://www.nhsinform.scot/coronavirus> This is the main site for health advice

<https://www.readyscotland.org/coronavirus> This provides

- [Helping your neighbours, friends and family](#)
- [How to volunteer](#)
- [Where to find additional support](#)
- [Advice for community groups](#)
- [Shopping responsibly](#)
- [Advice for businesses](#)

How to help safely:

- [Coronavirus: How to help safely](#)
- [Coronavirus \(COVID-19\): Information for individuals and businesses in Scotland](#)
- [Coronavirus \(COVID-19\): clinical guidance for the management of clients accessing care at home, housing support and sheltered housing](#)

Help for business:

UK Government has issued a number of documents:

- [Coronavirus \(COVID-19\): guidance for UK businesses](#)
- [Coronavirus Bill: what it will do](#)
- [Fraud control in emergency management: COVID-19 UK Government guide](#)
- [Regulatory status of equipment being used to help prevent coronavirus \(COVID-19\)](#)
- [Check which expenses are taxable if your employee works from home due to coronavirus \(COVID-19\)](#)
- [Deferral of VAT payments due to coronavirus \(COVID-](#)

19)

- [Claim a grant through the coronavirus \(COVID-19\) Self-employment Income Support Scheme](#)
- [COVID-19: guidance for employees, employers and businesses](#)
- [Government advice on home moving during the coronavirus \(COVID-19\) outbreak](#)
- [Coronavirus \(COVID-19\): UK transport and travel advice](#)
- [Government support available for landlords and renters reflecting the current coronavirus \(COVID-19\) outbreak](#)
- [Check if you could be covered by the Coronavirus Job Retention Scheme](#)
- [Closing certain businesses and venues](#)

All the above sites can be accessed through our web site <http://pcdt.scot/covid-19-useful-links/>

There is a lot of misinformation circulating. The following sites provide some useful links to factual sites

- <https://www.who.int/emergencies/diseases/novel-coronavirus-2019> The World Health Organisation.
- [Number of coronavirus \(COVID-19\) cases and risk in the UK](#) The UK official stats.
- <https://www.worldometers.info/coronavirus/> This is a world stats It contains much good news about the number of people recovering in different countries.
- https://en.wikipedia.org/wiki/Misinformation_related_to_the_2019%E2%80%932020_coronavirus_pandemic This is wikipedia's attempt at debunking the conspiracy theories that have been circulating in social media.
- <https://www.positive.news/society/media/separating-fact-from-deadly-fiction-the-london-team-factchecking-the-coronavirus/> This is positive' news spin on the pandemic with links to good news stories.

Useful contacts:

- NHS 24 - 111
- Emergency - 999
- Dumfries and Galloway Council - 030 33 33 3000
- Samaritans - 116 123

If you need help accessing any of these resources please contact us.

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tel: 01776 810 822

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